

# Atlantic Region Motor Sports

TRAC Series – Supplementary Rules & Regulations

Revision Date: **June 5, 2023**

## Dates

---

1. May 6-7 Race School, TRAC Series Round 1
2. June 10-11 TRAC Series Round 2
3. July 15-16 TRAC Series Round 3
4. Aug 19-20 TRAC Series Round 4

**Organizer:** ARMS

**Regional Race Director:** James Whitman, email [race@armsinc.ca](mailto:race@armsinc.ca)

**Rules:** As set forth by Atlantic Region Motor Sports (ARMS), including any addendums <http://www.armsinc.ca/race/documents/>

**Location:** Atlantic Motorsport Park (AMP), Shubenacadie, NS

## Registration

---

### Online Pre-Registration:

Vehicle: <https://forms.gle/Uyd9RoWaHJg12yWr5>

Drivers: <https://forms.gle/spuSSVEGRCakmeG87>

**Note:** You need only fill out the vehicle form **once** in 2023 unless there are changes. Please fill out the Drivers form for each weekend you intend to race.

**Deadline:** Please register online by the Friday prior to race day at 12:00 NOON. Late registrations will incur a \$25.00 penalty fee.

You must still report to registration on race day to confirm your entry.

All drivers, entrants, and crew are required to sign the official waiver form upon entrance to the track premises or the earliest staffed opportunity.

You can sign the waiver in advance [here](#).

**Exclusions:** The race organizers reserve the right to exclude from racing all those who fail to comply with the rules of the ARMS handbook and these supplementary regulations.

## Races Provided

---

Sedan classes may be combined or run separately dependent on scheduling.  
All open wheel car classes will be combined for all open wheel races.

## Fees

---

	<b>Includes</b>	<b>Advance Registration</b>	<b>Late Registration</b>
<b>2 Series</b>	Sensory Motorsport, WCN, 1-hour Pit Lane Sim Racing Race	\$500	\$525
<b>1 Series</b>	Sensory Motorsport, WCN, (Pick 1) 1-hour Pit Lane Sim Racing Race	\$350	\$375
<b>New Driver Registration</b>	1 or 2 series Per Rookie, Not Per Car	\$250	\$250

1 driver per series.

\$50 charge for second or third driver in 1-hour who did not run in a series that day.

E-transfer to [treasurer@armsinc.ca](mailto:treasurer@armsinc.ca). Please make cheques payable to ARMS. If at all possible, please pay by e-transfer instead of cash or cheque.

Car owners must make sure all the drivers of their vehicles are licensed, registered and have paid the appropriate fees. Unregistered drivers found to be racing will be black flagged and cannot continue until they have completed their paperwork.  
For a second offense there will be a \$200.00 fine to the car owner.

**Gate Fees:** Race License includes the gate fee for the racer only; all crew members and associated personnel are required to pay the \$10 admission fee at the gate.

**Refunds/Credits:** If a race driver/entrant has registered, and has a mechanical breakdown during practice or qualifying, a 50% credit will be issued for another race day – no refunds.  
**In the event that the green is only taken in one series, 50% credit will be issued for the second series, in the amount of \$75.**

In the event of a race car mechanical breakdown after the driver/entrant has taken a green flag for a race, no refund will be made.

If a race date/event cannot continue then all expenses will be paid, and any remaining money will be divided proportionally amongst entrants.

## Technical Inspection

---

**Race Cars:** No race car will be allowed on the track until passed by the Technical Inspector.

Cars may be required to re-pass technical inspection after an incident or upon request of the scrutineer.

All cars must display the annual tech decal on the driver's side of the windshield or, for open wheel cars, on the driver's side roll bar.

**Helmets:** All Helmets must have the driver's first initial and full last name on the left side, at minimum. This is for medical rescue / first response so they know who they are dealing with in the event of an incident.

## Scoring

---

Mylaps Electronic Timing System will be used. All race cars are required to correctly install a transponder in accordance with the requirements. Transponders may be rented at registration if necessary. Only ARMS approved transponder units may be used. Racing will be scored in one of two ways: time to complete a set number of laps, or laps per set amount of time.

## Official Bulletin Board

---

An official bulletin board will be maintained at Registration in the Guthrie Building. Race organizers will consider this building as Race Headquarters for the event.

**Insurance Provider:** Stoneridge Insurance Brokers.

## Other Regulations

---

**Gate:** If no one is at the gate when you arrive on race weekend, you must check in with the race director to sign appropriate waivers and remit fees for crew. You can sign the [annual waiver](#) in advance here.

**On Track Behavior:** Severe penalties may be issued to drivers not demonstrating acceptable levels of car control, due caution and good judgment in the areas of incidents and trackside workers, and may include fines, retirement from the race day and/or loss of race license, all to be determined and at the complete discretion of the race officials.

**Pit Lane:** no open-toed shoes or shorts allowed. Only pit crew and drivers are allowed on pit lane.

**Paddock:** Paddock stalls are on the right side of the paddock only. The middle of the paddock is for pre-grid and the pit wall area is for service crews during a race. All gear must be removed after each race.

No sitting or riding on the exterior of a moving vehicle.

No bare feet in the paddock.

**Paddock Transport:** Any ATV, golf cart or other motorized paddock transportation must be clearly identifiable to a driver/entrant (by car # affixed to the vehicle) and must be operated in a safe manner by an adult only. Parents are reminded that powered vehicles for youth under 16 are not allowed anywhere on the property anywhere at AMP during TRAC sessions, in accordance with the Nova Scotia Off Highway Vehicle Act & Regulations.

**Waste Oil:** There are no waste oil services at the track. Please remove your own waste oil. Each race team should have on hand, minimum:

- 10 Absorbent Pads 16" x 20" (Carquest part #7710 or equivalent.)

Spill/clean-up fees incurred by ARMS on behalf of racers will be billed to racers/teams and payable immediately.

**Fire Suppression:** Each race team should have on hand, minimum:

- 5 lbs ABC Fire Extinguisher out where it is readily accessible
- 10 Quick-dry pads

Please note that these items have been mandatory since July 2019. You may be subject to a fine due upon inspection if found lacking.

**Refueling:** Fuel containers shall only be moved to the pit after the car has stopped. The driver must be out of the car and the car turned off before any refueling begins. The refueler must be protected by a full nomex suit, balaclava, socks and shoes and full coverage helmet. A crew member must be standing by with a fully charged ABC fire extinguisher (min. 5lb) ready in case of emergency. Only after the refueling is complete may the driver re-enter the car. No working on the car during refueling.

**Speed:** Paddock area speed (All AMP area not part of the track surface) is 10km/h. Pit lane is no greater than 40km/h.

**Alcohol & Drugs:** Neither alcoholic beverages nor drugs may be consumed in the paddock/pit area before the end of the race day program. No driver may consume alcohol 8 hours before competing. Drivers may be asked to submit to a breathalyzer test.

**Track Use:** Any driver operating a motor vehicle on the track, other than when entered in a sanctioned event, at the request or permission of race control or during a private rental, will be disqualified for the rest of the year.

**Supervision:** Parents are reminded that they are responsible for children, and must ensure their supervision and safe behavior on the Property, and in the Paddock specifically, at all times. Do not allow children to run or play in the Paddock while the track is hot. Do not allow behaviors in the Paddock that may cause inattention or distraction from a moving

vehicle - i.e. throwing a ball, lying on the ground, etc., at any time. Use common sense, and follow the direction of officials.

## Driver's Meeting

---

Attendance is mandatory at the driver's meeting. Drivers not in attendance will start from pit lane after the green flag has dropped for all races entered that day.

## Officials

---

### Race Officials:

Organizer – James Whitman

Registrar – Brent O'Connor

Clerk of the Course – Daphne Sleigh

Chief Steward – TBA

Tech - James Whitman

Chief of Timing & Scoring - James Partridge

### Track Side:

Corner Marshals & Race Control - Atlantic Region Race Control Association

Starter - Derrick Clarke

Grid Marshal – Debbie Miller

Safety Car – Wayne Pitts

### Services:

Timing & Scoring - TBA

Medical - Medical Rescue Team

Tow - Paul McDonnell

Gate - Joanne Wilson

## Drones

---

The use of drones/UAVs/RPVs is not permitted within the park boundaries and airspace. Permission may be granted upon receipt of proof of an approved flight plan and proof of insurance prior to the event.

## Schedule (updated June 5, 2023)

8:00	Registration	45 min
8:45	Driver's Meeting	15 min
9:15	Practice	20 min
9:35	Track Clean-up / Break	10 min
9:45	Sensory Motorsport Qualifying	10 min
10:00	Lapping (Session 1 of 4)	25 min
10:30	WCN Qualifying	10 min
10:40	Pre-race Track Cleanup	20 min
11:00	Sensory Motorsport Race 1	12 laps or 25 mins
11:30	Lapping (Session 2 of 4)	25 mins
12:00	WCN Race 1	12 laps or 25 mins
12:30- 1:30	Lunch	1 hour
1:45	Sensory Motorsport Race 2	12 laps or 25 mins
2:15	Lapping (Session 3 of 4)	25 mins
2:45	WCN Race 2	12 laps or 25 mins
3:15	Lapping (Session 4 of 4)	25 mins
3:45	Marshal's Break	15 mins
4:00	3rd Derek Lugar Memorial 51 lap race (May only) Pit Lane Sim Racing 1hr Challenge (Jun-Aug)	1 hour
5:15	Awards	