



TRAC Series Bulletin 2023-01

Subject: Medicals for 2023 Race Season

Issue Date: March 23, 2023

Effective Date: Immediately

Due to the continued issues with timely access to family doctors in the Atlantic Provinces, for the 2023 season, ARMS TRAC Series will accept a medical self-declaration from any current racers in lieu of the ARMS Approved Medical Examination.

This bulletin supersedes the rules in 3.17 Medical Requirements for Competition, in sub-rule 3.17.1 Duration of Medical Examination Validity for the 2023 season only, and only for racers holding a license in the 2022 season.

Rookie racers, returning racers from previous seasons, and all other candidates for a 2023 Race License should obtain a signed ARMS Approved Medical Examination from a licensed practitioner. If you are having trouble securing a practitioner to perform an examination, please contact the Race Director James Whitman at race@armsinc.ca

Please contact the Registrar James Partridge at registrar@armsinc.ca for any licensing paperwork questions. All other questions should be directed to race@armsinc.ca for rules and regulations, or to your club representative on the ARMS Race Committee.