



ATLANTIC REGION MOTOR SPORTS

ARMS RALLY CROSS REGULATIONS

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These Specifications were established by ARMS which reserves unto itself the right at any time to alter these as required, promulgate special rules in emergency and periodically to revise any appendices hereto. Such alterations or additions will be published in the form of revised manuals or bulletins and/or on the ARMS official website.

These Specifications are intended to assist in the conduct of Events and to further general safety. They are a guide and in no way guarantee against injury or death to participants, spectators or others. No express or implied warranties of safety or fitness for a particular purpose shall be intended or result from this publication or compliance with these specifications. By participation in these events all participants are deemed to have complied with these regulations.



ARMS CODE OF CONDUCT

ARMS clubs, members and participants in ARMS sanctioned events shall conduct themselves according to the highest standards of behaviour and sportsmanship and in a manner that shall not be prejudicial to the interests and the reputation of ARMS or its Clubs or of motorsport generally. Failure to do so shall be considered a breach of the ARMS GCRS and may result in penalties being applied.

The following statements further define the beliefs, expectations, ideals and principles of individual conduct that ARMS believes should be exemplified:

1. Participants in ARMS sanctioned activities shall be bound by this Code of Conduct
2. Participants in ARMS sanctioned activities shall accept that motorsports can be dangerous and entails inherent risks
3. Participants in ARMS sanctioned activities shall be treated with consideration and respect, and shall treat fellow participants with the same consideration and respect
4. Participants in ARMS sanctioned activities shall endeavour to portray a positive image of motorsports through their exemplary driving habits
5. Participants in ARMS sanctioned events shall not knowingly place themselves or others in a position of undue risk. Consideration of safety shall be placed before competitive goals
6. ARMS members shall strive to set exemplary standards of behaviour as they are all ambassadors for motorsports
7. ARMS members shall pledge to demonstrated with their actions care and concern for the environment



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1 General Requirements

- 1.1- A Rally Cross is an event generally held on an unpaved flat surface, wherein the course generally consists of straight sections and connecting turns or corners. Accent in course design must also place on the general avoidance of obstacles such as trees, exposures, deep ditches, etc.
- 1.2- Two or more cars are permitted on the course simultaneously. Organizers must take measures to insure that there will be no wheel to wheel racing or passing. Organizers may grant a re-run or issue a time allowance to compensate the affected competitor who slows or stops to avoid passing.
- 1.3- Rally Cross events are to be insured under CARS Rally Cross insurance, available thru CARS. The permit and insurance certificate must be displayed at the event registration.
- 1.4- All persons involved in the event as participants, officials, workers, crew etc. must sign an insurance waiver.
- 1.5- Organizers reserve the right to exclude any vehicle or person from further participation in the event at any time for reasons of perceived safety concerns involving either the condition of the vehicle or the conduct of the person.
- 1.6- A safety plan for each venue used must be submitted annually to the Region Rally Director. A revised application must be submitted if there are significant changes to the organizational or course structure.

2 Eligibility of Competitors and Vehicles

2.1 - Competitors

- a. The following documents, valid on the day(s) of the event, must be presented at registration:
 - i. Driver's license for the crew member listed as driver
 - ii. Vehicle registration (if any portion of the route runs on a public road)
 - iii. When the owner of the vehicle is not entered as the driver, co-driver or passenger, a written authorization from the owner of the vehicle
 - iv. For any participant (driver or passenger) under the age of majority of the province, a written permission signed by a parent or guardian
- b. Passengers (minimum age 12 years, minimum weight 36kg or (80lbs) and minimum height 145cm or (4'9")) are permitted.



- c. If the Rally Cross is being presented as a stage and transit format event, then a co-driver must be carried. NOTE: Passengers are not permitted under this format of Rally Cross.
- d. If the Rally Cross is being presented as a stage and transit format with any part of the route on public roads, the vehicle must be street licensed and insured.

2.2- Vehicles

- a. Vehicles must be based on a production, closed body and chassis to compete.
- b. All loose items in the vehicle must be removed during the event (including from the trunk).
- c. Snap-on hubcaps, detachable fender skirts and trim rings must be removed.
- d. Tires must be in good condition, with no cord or belts showing or cracks in the tread or sidewalls.
- e. Tire studs shall be restricted to commercially available units for street tires, and are permitted for use in all classes.
- f. Mechanical condition and safety of the vehicle is the responsibility of the competitor.
- g. Vehicles must comply with exterior bodywork as outlined in CARS NRR12.6.4.2
- h. Vehicles must comply with noise limits as outlined in CARS NRR 12.4.4 Lower noise limits may be set by an organizer to satisfy local requirements.

2.3- Mandatory Equipment

- a. Helmets meeting NRR.11.1.6 or bearing "Snell Memorial Foundation" 2000 M or 2000 SA (or more recent) labels must be worn by all drivers, co-drivers and passengers.
- b. Minimum three point seat harnesses must be worn by drivers and passengers.

3 Event Organization

3.1- Authorizations and Permits

Proper authority for use of the venue(s) must be obtained and such permissions must be available for scrutiny at registration.



3.2- Security Measures

Security measures will be in force to insure safety of competitors, officials and spectators (closing of the course, start and finish locations, communications, recovery, etc.)

3.3- Course Design

- a. Each course shall not exceed 3km in length. Several courses may be run simultaneously.
- b. Each course shall be arranged such that the maximum average speed shall not exceed 70km/h and the maximum speed shall not exceed 100km/h. Course designs that allow maximum speeds to be exceeded should be changed for any future events.
- c. The course shall be arranged such that it is clear of all heavy stationary objects. If this is not possible, tires, hay bales or other compressible barrier shall be used to minimize vehicle damage should contact occur.
- d. The course should be configured in such a way as to minimize the possibility of rollover.
- e. The use of chicanes (consisting of hay bales, pylons or similar soft materials) on straights of greater than 100m is recommended. The use of jumps is not permitted.
- f. Organizers reserve the right to change the course configuration at any time during the competition should a portion of the course deteriorate.
- g. Marshals shall be placed such that all competing vehicles will be visible at all times while on the route.
- h. A stop box shall be used at the end of a run. A time penalty of 10seconds must be assessed if a vehicle does not stop within the box.
- i. Each driver will be provided an opportunity to walk or drive through the course, or to have a parade lap, prior to the first run.

