



# How to get involved

This information is geared towards the new motorsport enthusiast that is interested in getting involved in Sedan Road Racing and/or participating in an on-track Lapping Event in Atlantic Canada.

For those interested in Rally, AutoSlalom or Karting go to [www.ARMSinc.ca](http://www.ARMSinc.ca) and check out the info on these sports and the clubs that organize them.

## **HOW DO I GET INVOLVED ?**

**STEP 1** - Join one of the eleven motorsport clubs under ARMS. The clubs are:

- Atlantic Formula Racing Association <http://www.afra.ns.ca/> (Halifax)
- Atlantic Motorsport Karting Association <http://www.amka.ca/> (Halifax)
- Atlantic Region Race Control Association <http://www.arrca.ca/> (Halifax)
- Atlantic Sports Car Club <http://www.ascc.ns.ca/> (Halifax)
- Bluenose Autosport Club <http://www.bluenoseautosport.ca/> (Dartmouth)
- Championship Kart Racing Association <http://www.ckranb.com> (Moncton)
- Fredericton Motorsport Club <http://www.fmc-inc.net/>
- Moncton Motor Sport Club <http://www.mmsc.ca/>
- New Brunswick Kart Club <http://www.nbkarting.ca/> (Fredericton)
- New Brunswick Sporting Car Club <http://www.nbscc.org> (Saint John NB)
- Vinland Motorsport Club <http://www.vinland.ca/> (St Johns NFLD&L)

Download an ARMS Club Membership form at the following link:

<http://www.armsinc.ca/applications/2011ApplicationForClubMembership.pdf>

The Club's mailing addresses are on the form.

**STEP 2** - Participate in a performance driving school. There is usually one school put on each year by ARMS. Once you pass the course, you will be issued a Novice Regional Road Race License and can start competing in ARMS sanctioned Road Racing events. You will be competing under probation for a minimum of three Regional Race weekends. Then you will be issued a full Regional Road Racing License. To Participate in a school, you will require a suitable street car that is mechanically sound, an approved helmet, club membership, & ARMS medical. The medical is required so that ARMS knows that you are healthy for this course and are not a health safety hazard to yourself as well as others. The ARMS medical forms can be down loaded here: <http://armsinc.ca/applications/index.html>

To find out when the next school is, contact the Chief Instructor, Derek Lugar at [info@vantagemotors.com](mailto:info@vantagemotors.com)

## **WHAT IS A LAPPING EVENT (HPDE) ?**

The purpose of a Lapping Event or commonly referred to a High Performance Driving Event (HPDE) is to provide ARMS members with a non-competitive and controlled environment, where they can enjoy their cars more safely, and with the hopes that they will improve their driving skills. Novice drivers are required to successfully master the basics before they are allowed to drive in an intermediate level group. All drivers are required to operate their vehicles within the rules, and within the limits of the marked course. Failure to do so compromises the integrity of the program and will not be tolerated. The ARMS administration strives to promote qualities like good judgment, responsibility, and safe driving, both on the track and on the highways.



