

This information is geared towards the new motorsport enthusiast that is interested in getting involved in Sedan Road Racing and/or participating in an on-track Lapping Event in Atlantic Canada.

For those interested in Rally, AutoSlalom or Karting go to www.ARMSinc.ca and check out the info on these sports and the clubs that organize them.

HOW DO I GET INVOLVED?

STEP 1 - Join one of the eleven motorsport clubs under ARMS. The clubs are:

Atlantic Formula Racing Association http://www.afra.ns.ca/ (Halifax)

Atlantic Motorsport Karting Association http://www.amka.ca/ (Halifax)

Atlantic Region Race Control Association http://www.arrca.ca/ (Halifax)

Atlantic Sports Car Club http://www.ascc.ns.ca/ (Halifax)

Bluenose Autosport Club http://www.bluenoseautosport.ca (Dartmouth)

Championship Kart Racing Association http://www.ckranb.com (Moncton)

Fredericton Motorsport Club http://www.fmc-inc.net/

Moncton Motor Sport Club http://www.mmsc.ca/

New Brunswick Kart Club http://www.nbkarting.ca/ (Fredericton)

New Brunswick Sporting Car Club http://www.nbscc.org (Saint John NB)

Vinland Motorsport Club http://www.vinland.ca/ (St Johns NFLD&L)

Download an ARMS Club Membership form at the following link: http://www.armsinc.ca/applications/2011ApplicationForClubMembership.pdf
The Club's mailing addresses are on the form.

STEP 2 - Participate in a performance driving school. There is usually one school put on each year by ARMS. Once you pass the course, you will be issued a Novice Regional Road Race License and can start competing in ARMS sanctioned Road Racing events. You will be competing under probation for a minimum of three Regional Race weekends. Then you will be issued a full Regional Road Racing License. To Participate in a school, you will require a suitable street car that is mechanically sound, an approved helmet, club membership, & ARMS medical. The medical is required so that ARMS knows that you are healthy for this course and are not a health safety hazard to yourself as well as others. The ARMS medical forms can be down loaded here: http://armsinc.ca/applications/index.html

To find out when the next school is, contact the Chief Instructor, Derek Lugar at info@vantagemotors.com

WHAT IS A LAPPING EVENT (HPDE) ?

The purpose of a Lapping Event or commonly referred to a High Performance Driving Event (HPDE) is to provide ARMS members with a non-competitive and controlled environment, where they can enjoy their cars more safely, and with the hopes that they will improve their driving skills. Novice drivers are required to successfully master the basics before they are allowed to drive in an intermediate level group. All drivers are required to operate their vehicles within the rules, and within the limits of the marked course. Failure to do so compromises the integrity of the program and will not be tolerated. The ARMS administration strives to promote qualities like good judgment, responsibility, and safe driving, both on the track and on the highways.



The HPDE program has proven that drivers of young and old alike, can share the tremendous enjoyment of "pushing the envelope" while learning just as much about themselves, as they do about their cars.

STEP 1 - Join one of the eight motorsport clubs under ARMS. The clubs are listed above.

STEP 2 - Participate in a performance driving school or Lapping Event School. There is usually two or three schools put on each year by one of the Motorsport clubs above. Once you pass the course, you will be issued a Lapping Card. Alternatively, a student can pre-arrange to have a one-on-one instruction on the track, in any Lapping event by a qualified instructor.

To Participate in a Lapping event school, you will require a suitable street car that is mechanically sound, Snell rated helmet, club membership.

With a valid Lapping Card, you are permitted to enter any Lapping Event on the schedule. Each Lapping Event usually only costs only \$60 for 4 hours of track time or \$80 for a full day.

WHAT ARE ALL THE COSTS TO GET INVOLVED IN ROAD RACING?

Approximate minimal costs are as follow:

Motorsport Club is approx. \$30.00/year

ARMS Medical \$0-40.00 by your own Doctor (you may have it done for free depending on your Doctor)

Performance Driving School \$175.00 to \$250.00

Nomex Suit & helmet \$1000.00 (there are used items usually forsale)

After your first year (and you obtain your full competition license), the costs to maintain your Competition License is as follows:

Motorsport Club membership is approx. \$30.00/year

ARMS Medical \$20.00-40.00 by your own Doctor (required only every 5th year unless you are over 35, or every 2nd year if between 36 and 59, or every year if 60 or older)

ARMS Competition License \$80.00 AMP Track fund \$50.00 ARMS car number \$10.00 ARMS Regional Race Series Gate fee \$10.00

Regular Regional Race Event Entry Fee -

\$T.B.A. (for Regional Race License holders) \$100 (for all Rookies during their first year)

AT THIS TIME I CAN'T ACTUALLY RACE. CAN I STILL PARTICIPATE?

Yes. There are several ways you can get involved in ARMS events.

Become a volunteer. ARMS is always looking for volunteers to help put on these Road racing events. Contact the officials at: http://armsinc.ca/contact_information.htm

Become a track corner marshal. The Atlantic Regional Race Control Association (ARRCA) is the organization that controls all the racing while the race cars are on the track. They are the corner marshals that operate the flags. It's the best way to get close to all the action. To get involved, contact Jeff Wright. website link to ARRCA: http://www.arrca.ca/

Become a race team crew member. Many race teams are always looking for volunteers to help on their team. It's one of the best ways to learn Road Racing and participate. Just show up at the track and ask some of the teams if they need help.

